



***It's Time Full Album Lyrics***

© 2016 Bob Sima Music, Released 5 February 2016

**RIGHT IN FRONT OF YOU**

© 2016 Bob Sima Music, *It's Time*, Released 5 February 2016

Every day is reason to celebrate out loud  
Every sunrise is a sacred invitation to bow down  
Every single ray of the sun it shines just for you  
How could it be anything but a miracle, tell me won't you, tell me won't you

Like a snowflake melting in your hand, the ticking of the tock and the grain of sand  
Live it like it's right in front of, right in front of, right in front of you  
Live it like it's right in front of, right in front of, right in front of you

You're moving fast at twice the speed of here and now  
You're running from moment to moment, the present can't chase you down  
You're living in the screens, yesterday's pain and tomorrow's dreams  
You're a multi-tasker, taking-for-granter, missing the message of the magic in between

Like a snowflake melting in your hand, the ticking of the tock and the grain of sand  
Live it like it's right in front of, right in front of, right in front of you  
Live it like it's right in front of, right in front of, right in front of you

Look it in the eye, take it by the hand  
Put your feet back on the ground, let it do its dance  
It's a sacred romance

Every day is reason to celebrate out loud  
Every sunrise is a sacred invitation to bow down  
Every single ray of the sun it shines for you  
How could it be anything but a miracle, tell me won't you, tell me won't you

Live it like it's right in front of, right in front of, right in front of you  
Live it like it's right in front of, right in front of, right in front of you  
Live it like it's right in front of, right in front of, right in front of you  
Live it like it's right in front of, right in front of, right in front of you





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### **IT'S TIME**

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It's time, it's time

It's another day under the same sun, it's another day to lean in and claim some  
It's another day to be bold, brave and unafraid  
It's another chance to change direction, move the arrow, a course correction  
Be an instrument, be the change or move out of the way

So if your glass is half empty then fill it, If it's overflowing then spill it  
Over the mouths that thirst and the souls that hurt, spill it spill it spill it

Because we need your heart, we need it open wide  
We need your brilliantly beaming glowing and knowing goodness from inside  
We need your beautiful smile and we need it right now  
Because you're the light of the world, the light of the world and it's time you figured it out

It's time, it's time, it's time, it's time, it's time, it's time

You're the answer's perfect timing and there ain't no use in hiding  
This blinding shining diamond you've been disguising  
You're the universe in ecstatic motion, you're the elixir, the magic potion  
For a world that cries for what's behind your eyes

So if your glass is half empty then fill it, If it's overflowing then spill it  
Over the mouths that thirst and the souls that hurt, spill it spill it spill it

Because we need your heart, we need it open wide  
We need your brilliantly beaming glowing and knowing goodness from inside  
We need your beautiful smile and we need it right now  
Because you're the light of the world, the light of the world and it's time you figured it out

It's time, it's time, it's time, it's time, it's time, it's time, it's time

It's time to be true, to be the beautiful you, to let your soul smile through your eyes  
Because your one little light can light ten thousand more and together we will, together we will  
It's time, it's time, it's time, it's time, it's time

There's a celebration in the streets, brothers and sisters finally meet  
All of these orphans under the same sun, same sky  
There's a glow on the horizon, Shiva calling, Shakti rising  
And there are so many signs, so many signs, signs, signs, signs

And we need your heart, we need it open wide  
We need your brilliantly beaming glowing and knowing goodness from inside  
We need your beautiful smile, and we need it right now  
Because you're the light of the world, the light of the world and it's time you figured it out

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**YOUR HEART AND MINE**

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How long has it been since we were together last, how long has it been  
How long has it been since we were together last, how long has it been  
How long has it been, was it this life or the last, how long has it been  
How long has it been, was it this life or the last, how long has it been

But were we ever, ever really apart

Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends  
Your heart and mine can know no separation

I am so grateful to look into your eyes, I am so glad  
I am so grateful to look into your eyes, I am so glad  
I am so grateful we've come together again, I am so glad  
I am so grateful we've come together again, I am so glad

It's like we never, we never were really apart

Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends  
Your heart and mine can know no separation, just celebration and jubilation

And our hearts they never need to be lonely or to bleed

Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine are the oldest of friends, your heart and mine  
Your heart and mine





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**MEDITATION IS THE MEDICATION**

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In this moment everything shows up  
Everything presents itself just as it is  
And when you slow down, let it all happen  
Something fantastic, magic happens in you

When you breathe in it's like we're all listening to an echoing of our own souls  
And when you breathe out it's just like a raincloud  
Relief it comes pouring down on a thirsty world

Meditation is the medication to cure the illusion of a separation  
Meditation is the medication to cure the illusion of a separation, a separation

To a mind that's still becomes a cup that's filled  
With effervescence, ever-presence, and a heart that swells  
And when you drink from this, it's a never-ending peacefulness  
Don't have to believe in this, it's a story that tells itself

When you breathe in, it's like we're all listening to an echoing of our own souls  
And when you breathe out it's just like a raincloud  
Relief it comes pouring down on a thirsty world

Meditation is the medication to cure the illusion of a separation  
Meditation is the medication to cure the illusion of a separation

We are one when we are all together, we are one when we are all alone  
We are one when we are all together, we are one when we are all alone

Have you ever been here? Have you ever stayed here?  
Have you never left here for more than a glance?  
Have you ever faced this? Have you ever tasted this?  
There's a relief in the sweetness, every moment is another chance

Just breathe in, it's like we're all listening to an echoing of our own souls  
And when you breathe out it's just like a raincloud  
Relief it comes pouring down on a thirsty world

Meditation is the medication to cure the illusion of a separation  
Om namah shivaya, Om namah shivaya  
We are one when we are all together, we are one when we are all alone





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**KISS GOD**

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When no one is looking I swallow deserts and clouds  
And I chew on mountains because I know they are sweet bones  
When no one is looking I sip from the cool summer sky  
I savor the blue of it and it colors my eyes

When no one is looking I want to kiss god  
When no one is looking I want to kiss god  
So I lift up my own hand to my mouth  
I lift up my own hand to my mouth

When no one is looking I call forth the thunder and the rain  
I lasso the sunshine and it warms the blood in my veins  
When no one is looking I talk with the flowers and the trees  
I tell them my secrets and they, they listen to me

When no one is looking I want to kiss god  
When no one is looking I want to kiss god  
So I lift up my own hand to my mouth  
I lift up my own hand to my mouth

When no one is looking at me what is looking through me can see  
And I feel everything, everything it feels me  
When I'm all alone in my own sweet own  
I hear the silence calling me home

When no one is looking I blow off the dust from the Milky Way  
I polish off the stars and the dust on my fingers is my own  
When no one is looking I paint smiles on faces with frowns  
I swipe a little lift from a joyful child holding my hand  
When no one is looking I breathe in with you and I feel sweet relief  
And I hold the mystery closer than I hold my beliefs  
I hold the mystery closer than I hold my beliefs  
I hold the mystery closer than I hold my beliefs





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**NOOHRA (WE ARE THE ONES)**

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Noohra noohra noohra  
Noohra noohra noohra

Now is the time and this is the place  
Here is a call to the human race  
We are the ones, we are the ones we've been waiting for

Here in the dark, the darkness of night  
We bring the love and we bring the light  
We are the ones, we are the ones we've been waiting for

There's the writing on the wall and a knocking on the door and we are home  
There's a call of the wild and a whisper in the wind and we just know

Noohra noohra noohra

There's light in our eyes, it's the same as the stars  
Compassion is our action and fire in our heart  
We are the ones, we are the ones we've been waiting for

We're alive and wide awake and peace is what we make  
We illuminate this world with every breath we take  
We are the ones, we are the ones we've been waiting for

There's the writing on the wall and a knocking on the door and we are home  
There's a call of the wild and a whisper in the wind  
There's a sacred song we gather around and sing  
We are the ones

Noohra noohra noohra  
Noohra noohra noohra  
Noohra noohra noohra  
Noohra noohra noohra





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**BECAUSE YOU ARE LIGHT**

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You are not your story, no, no, no; You are not your story, no, no, no  
You are not your story, let it go; You are not your story, let it go

It's a figment of your imagination, it's fleeting and it's ever changing  
But you are not your story, no, no, no

Because you are light, because you are light, because you are light

You are not your body, no, no, no; You are not your body, no, no, no  
You are not your body let it go; You are not your body, no, no, no

It was given for your every pleasure, it's temporary, the greatest treasure  
But you are not your body, no, no, no

Because you are light, because you are light, because you are light  
Because you are light, because you are light, because you are light

And we radiate just like the oldest stars  
We permeate the thickest walls and we shine right through it all

You are not the drop, you are the sea, you are a reflection back at me  
You are everywhere and every place, you are the divine, you are the grace

Every single star is a sun  
We are not the many, we are the one

Because we are light, because we are light, because we are light  
Because we are light, because we are light, because we are light  
Because we are light, because we are light, because we are light

You are not your story, let it go





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**IF YOU KNEW ME BETTER**

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If you knew me better, if you knew where I'd been  
If you'd seen half of what these eyes have seen  
If you heard the voice I hear keeping me up at night  
Maybe you'd understand, maybe you'd recognize

That the face you see is the best I got  
Sometimes it takes all of me to give a little piece of my heart  
This isn't an apology or a reason why  
But if you knew me better you'd see I'm a lot like you on the inside

If you could taste the tears, feel the burn of the lies that have crossed my lips  
Touch all the close calls that have slipped right through my fingertips  
If you could have rode along with me on my boulevard of dreams  
You'd have seen them flash before my eyes and die right in front of me

And the face you see is the best I got  
Sometimes it takes all of me to give a little piece of my heart  
This isn't an apology or a reason why  
But if you knew me better you'd see I'm a lot like you on the inside, on the inside

Maybe you wouldn't write me off or turn your cheek  
You wouldn't question my motives or judge my beliefs  
You wouldn't drop your bombs on me or try to make me disappear  
And if you knew me better, how much better off all of us would be

If you knew me better, if you knew me better

Well we wouldn't need borders and we wouldn't need wars  
And we wouldn't need guns and we wouldn't need bombs no more  
If you knew me better

If you knew me better, if you knew where I've been  
If you'd seen half of what these eyes have seen  
If you heard the voice I hear beating me up at night  
Maybe you'd understand, maybe you'd recognize

That the face you see is the best I got  
Sometimes it takes all of me to give a little piece of my heart  
This isn't an apology or a reason why  
But if you knew me better you'd see I'm a lot like you on the inside  
On the inside





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**EASY DOES IT**

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When it's up before the sun and you're running all day and night  
You're spinning plates and you're juggling dates and time needs to rewind  
You can just breathe, breathe and take it slow

When your feet are in the fire, there's too many moving parts  
The sky is falling, tomorrow's calling, and the past is breaking your heart  
You can just breathe, breathe and let it go

I said now easy, easy is my philosophical view  
I said now easy, easy does it is about the only way I do

When you're pushing on the door and the door is pushing back  
It's overrated, complicated, and something just don't feel right  
You can just breathe, breathe and let it go

When the whirlwind of possibilities blowing you around like tumbleweed  
And the square-peg round-hole situation just isn't what you need  
You can just breathe, breathe and let it be so

I said now easy, easy is my philosophical view  
I said now easy, easy does it is about the only way I do, I do

When you flow like water and you float like the breeze  
You make some space, you'll taste some peace  
The blurry lines will all become so clean  
Step by step and one by one, you simplify and have some fun  
And easy does it will become the only way to get things done

I said now easy, easy is my philosophical view  
I said now easy, easy does it is about the only way I do, I do

When you lose yourself in the madness in the fray of this crazy place  
You get palpitations, perspiration, there's medicine not far away





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#### **SAME ENERGY**

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It's the same energy that moved the bullet, parted his skin and made his lights go dark  
As the force that moved his hand to reach out, forgive and open up his heart  
The same energy that pulls the teardrop from the corner of his blinded eyes  
As the energy that drew the holy man, a humble witness to his side

It's the same energy that raised the barrel, pulled the trigger, released the pin  
As the energy that created the memory of all the faces he'd never see again  
The same energy that took his sight, made his third eye come to life, see the children cry  
And the force that ignited his vision and turned his compassion into action

It's the same same  
No good, no bad, just the same  
Same energy  
Our intention can make it change

It's the same energy that makes the whiskey, that makes the glass, that makes the ice  
That moves the foot to push down the pedal, twist the metal, snuff out the life  
The same energy that vibrates to make sound of the sirens and the bells  
As the hum of the silence in the cathedral as a thousand hearts they fell

It's the same same  
No good, no bad, just the same  
Same energy  
Our intention can make it change

It can be affected, directed, projected, course-corrected and perfected from within  
It's not by chance, there's a choice, there's a still small voice  
A single thread that runs right through  
Everything you do, Everything you do, Everything you do

You can end the world with the push of a button, start a whole new universe with the wink of an eye  
You can make love, make peace, make war, make a difference, raise the vibe  
The same energy that makes you move mountains, burn bridges or keep you in your bed  
As the force that moves your spirit to start a revolution in your head

It's the same energy that makes the flood and moves the blood and places the blame  
Turns on the power, it raises the flower and raises the eyebrow, it raises the game

It's the same same same  
Same same same, Same same same  
Our intention can make it change





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**SOMEONE IS THINKING OF YOU**

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By the glow of your phone you know you're not alone, By the glow of your phone, you know  
There's a charge in the air, there's life out there  
There's an energy you swear, it's there by the glow of your phone, by the glow of your phone

By the light of the moon that seeps into your room, By the light of the moon in your room  
It's the same light reflected in my eyes  
By the very very very same moon in my room, in your room

Have you ever felt the breeze blowing through the trees  
And heard the whisper of your name coming through  
Have you ever opened up your eyes in the middle of the night  
And suddenly your heart just knew

Somewhere, someone, someone is thinking of you  
Somewhere, someone, someone is thinking of you, thinking of you

There's a song being played, a vibration being made, It's a most familiar tune  
And the words they come rolling off your tongue  
You wonder is the whole world singing along with you, singing along with you

Have you ever felt the breeze blowing through the trees  
And heard the whisper of your name coming through  
Have you ever opened up your eyes in the middle of night  
And suddenly your heart just knew

Somewhere, someone, someone is thinking of you  
Somewhere, someone, someone is thinking of you  
Thinking of you, thinking of you

By the glow of the phone, the light of the moon, the sound of tune they're thinking of you  
By the glow of the phone, the light of the moon, the sound of tune they're thinking of you  
(The heart is getting smarter, the world is getting smaller, the love is getting stronger, don't you know)

Have you ever felt the breeze blowing through the trees  
And heard the whisper of your name coming through  
Have you ever opened up your eyes in the middle of night  
And suddenly your heart just knew

Somewhere, someone, someone is thinking of you  
Somewhere, someone, someone is thinking of you  
Thinking of you, thinking of you

Somewhere, someone, someone is thinking of you





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**GRATEFUL WORLD**

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Fear is the cheapest room in this house, I'd like to see more love in your eyes  
Fear is the coldest room with no doubt, I'd like to see more love in your eyes  
Fear is the flame only a heart could blow out, I'd like to see more love in your eyes

Because in your eyes the love will show and the love expands everywhere you go  
And it grows and grows as it goes out into the arms of a grateful world  
It's a grateful world

Greed is the oldest trick in the book, I'd like to see more flowing through your hands  
Greed she's a thief, steal every second that you've got, I'd like to see more flowing through your hands  
Greed she will bleed you, she will suffocate and tease you, I'd like to see more flowing through your hands

Because all you touch it turns to gold and when you release it turns into more  
And it never ends it goes on and on into the loving arms of a grateful world  
It's a grateful world

Come with me, together we'll go to see the friend, I'd like to see you taste some of her medicine  
Come with me we'll blow a prayer out on the wind, I'd like to see you taste some of her medicine  
Come with me we'll lay a kiss down on the land, I'd like to see you taste some of this medicine

I can't be sure but somehow I know that every prayer is prayed in full  
Because every heart touches every soul in the everlasting arms of a grateful world  
It's a grateful world

I'd like to see more love, I'd like to see more love, I'd like to see more love in your eyes  
I'd like to see more flowing, I'd like to see more flowing, I'd like to see more flowing through your hands  
I'd like to see you taste, I'd like to see you taste, I'd like to see you taste some of this medicine

Fear is the cheapest room in the house, I'd like to see more love in your eyes  
Fear is the flame only the heart can blow out, I'd like to see more love in your eyes

